



Be Prepared in an Emergency

At Onco360, we are always here for you – no matter what happens. Keep this checklist somewhere convenient to help keep you and your medications safe in case of an emergency.

Before an Emergency

- Designate one place to store your medications so they are easy to access quickly
- If your medications require refrigeration, have a cooler and frozen gel packs or ice ready in case of a power outage
- Use watertight containers or zippered plastic bags to keep medications dry and protected
- Keep a flashlight or battery-operated lantern nearby in case you need to read labels or administer injections during a power outage
- Provide Onco360 with a backup emergency contact number
- Sign up for local emergency alerts and/or FEMA notifications at [fema.gov](https://www.fema.gov)

Create a Health Information Packet

Keep the following information with your medications:

- A full list of your current medications including names, dosages, schedules, and prescribing doctor(s)
- A list of your allergies and any known reactions
- A summary of your medical history and any significant conditions

Emergency Kit Essentials

- Water and non-perishable food: plan for at least three days
- First aid kit: include basic supplies and an extra pair of glasses or contact lenses
- Personal items: transistor radio, flashlights and/or candles, extra batteries, blankets, and any medical devices you need (e.g. glucose monitors, nebulizers, etc.)

If You Must Evacuate

- Take your medications and health information packet with you
- **DO NOT return to a dangerous situation to retrieve your medications.**
If you've left your medications behind in an emergency, your safety comes first. Contact us immediately, and we will work with you to provide a replacement. Make sure our number is saved in your contacts. Scan the QR code to the right to add our number for easy access.

